Ninth Annual Report

of the

Sharon Sanitarium

SHARON, MASS.

THE SHARON SANITARIUM WITH ADDITION (NOW BUILDING).

AN APPEAL

To the Friends of the Sharon Sanitarium for Pulmonary Diseases.

Will you not use your personal influence to interest others in the work of the Sanitarium, which greatly needs funds, both to continue and to increase its usefulness?

By aiding this cause you are not only benefiting individual cases, but you are helping to stamp out a disease which causes the largest death-rate in our community.

Experience has shown that in no way can incipient cases of consumption be cured so well as by treatment in sanitaria especially adapted to the purpose; and there are hundreds of sufferers in the immediate vicinity of our great cities, unable from lack of means to seek other climates, whose lives could be saved, had we the proper institutions near at hand.

The Sharon Sanitarium is the first of its kind in New England. It is not a hospital for hopeless cases. It is intended for *incipient* cases only.

Remember that scarcely a family exists in New England some member of which has not fallen a victim to pulmonary disease. Will you not, then, aid this work by donations and bequests of money? or, if unable to help pecuniarily, will you not speak to your friends, and thus spread the knowledge of what is being done to lessen the ravages of consumption?

OFFICERS OF THE SHARON SANITARIUM.

BOARD OF DIRECTORS.

REGINALD GRAY, *President.*
N. H. STONE, *Treasurer.*
614 Sears Building, Boston.
AUGUSTUS HEMENWAY.
L. VERNON BRIGGS, M.D.
EDMUND F. MERRIAM.
Miss OLIVIA Y. BOWDITCH.
Miss ALICE M. CURTIS, *Secretary.*
Mrs. HENRY P. KING.
Miss ALICE B. WELD.
VINCENT Y. BOWDITCH, M.D.
ROBERT W. LOVETT, M.D.

CONSULTING PHYSICIAN.

FREDERICK I. KNIGHT, M.D.

"He who helps to fight against the worst enemy of mankind saves wife and children."

Extract from BOSTON TRANSCRIPT, February 14, 1900.

Conquering Consumption.

Mrs. Agnes Booth-Schoeffel, John Drew, and other well-known players are to make memorable the benefit given at the Tremont Theatre on the afternoon of Thursday, February 15, in aid of the Sharon Sanitarium. This sanitarium is doing a great deal of good, and is more and more becoming favorably known throughout New England. It is the only private institution of the kind in this section of the country. It is not a hospital for hopeless cases, but is intended for incipient cases only. By aiding this cause not only are individual cases benefited, but an advance is made in stamping out a disease which causes the largest death rate in our community. Experience has shown that in no way can incipient cases of consumption be cured so well as by treatment in sanitaria especially adapted to the purpose; and there are hundreds of sufferers in the immediate vicinity of our great cities, unable from lack of means to seek other climates, whose lives could be saved, had we the proper institutions near at hand. In consequence of the success of the sanitarium in treating this class of cases and the large number of applications, a new wing and an office building for the use of the matron and physicians are now in process of construction. The expense of furnishing each room will be about fifty dollars, and it is for this that money is earnestly desired. There is ample proof that a great work is being done here, and that it is meeting with gratitude and appreciation.

Letters are continually received from former patients, some of whom left the sanitarium four and five years ago, speaking of their continued health and of their pleasant memories of the life at the sanitarium. Most of these patients have made radical changes in their methods of life; and it is gratifying to learn how they not only continue to follow the rules laid down for them while at Sharon, but teach them to others in their homes.

By no means is the sanitarium a dull or gloomy place, with a sickly atmosphere. On the contrary, there is good cheer continually. Residents of Sharon, as well as people from Boston, are in the habit of furnishing weekly entertainments through the winter months. The sanitarium has large sunny rooms, and the picturesque surroundings are exceptional because of the open country and the beautiful setting of trees. The broad piazzas furnish the finest of sun parlors, and here the patients may be found on all sunny days. Only patients in reduced circumstances are received here, and no advanced cases are admitted. The price of board is $5 a week, exclusive of washing. The services of the medical director and the medicines are given free of charge.

When it is remembered that scarcely a family exists in New England which has not at least one member who has fallen a victim to pulmonary disease, the value of this sanitarium will be realized. If it is impossible to aid the work by donations and bequests of money, there is no one, surely, who cannot send a supply of old linen.

Ninth Annual Report

of the

Sharon Sanitarium

for

Pulmonary Diseases

SHARON, MASS.

March, 1900.

Incorporated March, 1891

BOSTON

Geo. H. Ellis, 272 Congress Street

1900

OBJECT OF THE SHARON SANITARIUM.

TO supply a suitable institution for the treatment of *incipient* pulmonary diseases only, arising in those who are unable, for pecuniary and other reasons, to seek distant health resorts. Only patients who are in reduced circumstances are received, and no advanced cases are admitted.*

Price of board, $5.00 per week, exclusive of washing. The services of the Medical Director and medicines are given free of charge.

Visiting Days, Tuesdays, Thursdays, and Saturdays, from 2 to 5 P.M.

Applications must be made to the Matron, Mrs. M. E. Small, Sharon, Mass.

* Only women are received at present at the Sanitarium.

THE SHARON SANITARIUM FROM THE SOUTH-EAST.

OFFICERS OF THE SHARON SANITARIUM.

Board of Directors.

REGINALD GRAY, *President.*

N. H. STONE, *Treasurer,*
614 Sears Building, Boston.

AUGUSTUS HEMENWAY.

L. VERNON BRIGGS, M.D.

EDMUND F. MERRIAM.

Miss OLIVIA Y. BOWDITCH.

Miss ALICE M. CURTIS, *Secretary.*

Mrs. HENRY P. KING.

Miss ALICE B. WELD.

VINCENT Y. BOWDITCH, M.D.

ROBERT W. LOVETT, M.D.

Consulting Physician.

FREDERICK I. KNIGHT, M.D.

Assistant Physician.

W. N. TENNEY, 1899–1900.

Matron.

Mrs. M. E. SMALL.

LADIES' AUXILIARY COMMITTEE.

Mrs. E. F. Bowditch.
Mrs. J. DeForest Danielson.
Mrs. Franklin Dexter.
Mrs. Robert C. Hooper, Jr.
Mrs. Wm. Hooper.
Miss Adelaide Ladd.
Mrs. Robert M. Morse.
Mrs. Robert F. Perkins.
Mrs. Edward Robinson.
Mrs. John B. Schoeffel.
Mrs. Linzee Tilden.
Miss M. A. Yardley.

THE SHARON SANITARIUM FROM THE SOUTH-WEST.

All gifts of money may be sent to the Treasurer,

Mr. N. H. STONE,

614 Sears Building, Boston.

DIRECTORS' REPORT.

IN issuing the Ninth Annual Report, the Directors take great pleasure in announcing that the projected enlargement of the Sanitarium is now well under way and, when completed, will give room for ten more patients. This will enable the management to meet in some measure the ever-increasing demand for accommodations for patients.

The addition comprises not only a new wing, which contains bed-rooms, bath and treatment rooms, and a large sun-parlor, but also an official building containing a suite of rooms for the Matron and a Resident Physician, the whole system of buildings being connected by a subway. A change in the method of heating will also be made whereby from one plant the whole institution will be brought under the system of indirect radiation.

This valuable addition to the Sanitarium has been made possible chiefly from the bequest of $20,000 by the late Thomas T. Wyman, of South Boston; and it is hoped that by the beginning of another year it will be in readiness to receive patients.

The expense of furnishing, however, will require gifts of money; and an earnest appeal is made for contributions for this purpose. It has been estimated that the cost of furnishing will amount to about $60 for each room, the rise in price of all articles of furniture requiring a greater outlay than in former years.

On February 15, under the auspices of the Ladies' Auxiliary Committee, a delightful performance was given at the Tremont Theatre for the benefit of the Sanitarium, for which the sum of $1,658.75 was realized.

The Directors desire to express publicly their keen appreciation of the efforts of the Auxiliary Committee, whose indefatigable work has done much to bring the Sanitarium more prominently into public notice.

To Mr. and Mrs. John B. Schoeffel also the warmest thanks are extended for their most generous and successful endeavors to aid the cause.

To Mr. John Drew and Miss Isabel Irving, Mr. Boyd Putnam, Mr. R. A. Barnet, the members of the Cadets, and to Mr. Catlin, all of whom generously gave their services, special thanks are given.

The Directors also wish to express their keen appreciation of the generosity of Messrs. Doyle & Galvin, florists, both of whom presented the beautiful flowers which were one of the chief features of the occasion; also of the Globe Ticket Company of Philadelphia, who printed the tickets free of cost; and, lastly, to the newspaper press of Boston and Sharon for their extended and most kind notices of the entertainment and of the work of the Sanitarium the Directors wish to extend their sincere thanks.

The extraordinary impetus given to the sanitarium treatment of phthisis in the past year or two affords convincing proof of the necessity for institutions like the Sharon Sanitarium in our State.

This is especially the case since the ever-increasing fear of infection has made hotel and boarding-house keepers unwilling to receive people suffering with pulmonary disease, thus making the lot of the consumptive an especially hard one.

The following extract from the Second Annual Report of the Trustees of the Massachusetts State Hospital for Consumptives at Rutland, Mass., is gratifying to the Directors, inasmuch as it shows that the results obtained at Sharon have

THE SUN-BATH (WINTER).

impressed not only the medical profession, but the laity, with the fact that consumption can be cured not far from home in a large percentage of cases, when taken in time. On page 5 of their report the Trustees express themselves as follows: —

"In illustration of the effect upon the medical profession of the successful treatment of incipient consumptives [at the Sharon Sanitarium], it is interesting to note that, when the opinion of the physicians of Massachusetts was asked as to where this [Rutland] hospital should be located, one-fifth of all who answered favored Sharon, where the sanitarium is located." Such statements encourage the Directors to appeal to the public still more strongly for aid.

The list of some of the most generous annual subscribers has been materially lessened by death; and the Directors therefore make an urgent appeal for assistance, especially as the increase in the capacity will involve greater outlay.

An endowment fund and donations of sums of money for the purpose of paying the board of worthy but indigent women are most earnestly asked for. Last year one gentleman gave $500 to pay the board ($5 a week) of any person unable to remain on account of lack of funds. This generous gift was the source of great good to two or three of the inmates of the Sanitarium.

The present price of board covers about one-third of the expense of maintenance. The deficit has thus far been supplied by private donations. Gifts of table-linen, new sheets of specified size for the new building, also packages of old cotton are earnestly requested, and may be sent to the Matron, Mrs. M. E. Small.

In closing the Report, the Directors again wish to emphasize the fact that the Sanitarium is intended for *incipient* cases only, and is not a hospital for hopeless cases.

THE DIRECTORS.

MEDICAL REPORT.

Number of patients at the Sanitarium March 1, 1900 .	10
Number of patients who have entered since Mar. 1, 1899,	8
Number of patients in the Sanitarium at the time of the last report	10

Of these, 5 were discharged as "arrested"; 2 were discharged "much improved"; 1, who had been readmitted for an attack of asthma supervening on former trouble, was discharged "apparently well"; 2 are still under treatment at the Sanitarium, "much improved."

Of the "arrested" cases, 2 had undoubted signs of incipient disease; 3 had marked general symptoms of incipient trouble without definite signs in the chest.

Of those discharged as "much improved," 1 was practically an "arrested case," but left too soon, and returned to poor surroundings, soon after which a return of the disease manifested itself. The other was greatly benefited, but finally decided to go South.

Of the 8 cases admitted since March 1, 1899, all are still at the Sanitarium. 7 of them show very marked improvement; 1, slight improvement in some of the symptoms. All show either definite or very suspicious evidences of tubercular disease of the lungs.

Continued good accounts are received from the majority of the patients discharged in former years as "arrested cases," and also from others who had only improved.

That former patients teach their families and friends the importance of hygienic living is one of the gratifying features of the work at the Sanitarium.

The Sanitarium owes much to the kind assistance of Drs. Sarah E. Bond, Fred Drew, L. S. Dixon, and Joel E. Goldthwait at various times during the past year.

VINCENT Y. BOWDITCH,

Medical Director.

TREASURER'S REPORT

For Year ending March, 1900.

Receipts

From March 1, 1899, to March 1, 1900.

Annual subscriptions		$2,017.95	
Donations		1,280.00	
Bequest from Miss Katharine Lodge		200.00	
Proceeds of Tremont Theatre benefit		1,658.75	
Interest		949.01	
Receipts at the Sanitarium from board of patients and proceeds of articles furnished them	$2,847.69		
And from Mrs. Henry P. King as a gift to cover cost of couch	25.00	2,872.69	
Total receipts			$8,978.40

Payments

From March 1, 1899, to March 1, 1900.

Provisions and supplies of all kinds for household and stable use	$3,056.90	
Wages and labor	1,163.95	
House furnishings	472.40	
Matron's salary	500.00	
Assistants and nurses	359.50	
Expressage	21.65	
Carriage repairs and shoeing	55.33	
Medical supplies	214.10	
Railway fares	36.70	
Carried forward	$5,880.53	$8,978.40

Brought forward	$5,880.53	$8,978.40
Painting	68.70	
Legal expenses	35.00	
Carpenters' bills	36.58	
Physicians	298.15	
Plumbing	30.18	
Telephone rent and tolls	192.75	
Repairs on steam pump	54.30	
Repairs on heating plant	20.78	
Repairs on cabinet	25.05	
Insurance	240.00	
Fuel	546.50	
Dressing for grounds	42.87	
Postage and circulars	67.14	
Printing	62.07	
Cost of articles resold to patients	65.77	
Photographs for Exposition at Paris	35.20	
Leather couch from gift by Mrs. Henry P. King,	25.00	
Matron, in excess of W. A. T. Fund, for board	156.00	
Sundries	127.11	8,009.68
Surplus		$968.72

The undersigned, having examined the accounts of the Treasurer of the Sharon Sanitarium with vouchers for the payments, certify that they find the same correct.

REGINALD GRAY,
E. F. MERRIAM,
Auditing Committee.

DONATIONS

From March 1, 1899, to March 1, 1900.

Miss Charlotte Bowditch	$200.00
Arthur T. Lyman	50.00
R. C. Humphreys	2.00
Charles P. Curtis	200.00
E. S. Dixwell	20.00
Mrs. W. H. Forbes	25.00
Friend (M. S.)	50.00
Francis Skinner, Jr.	100.00
Friend (S. F. H.)	25.00
F. H. Peabody	25.00
The Misses Storer	10.00
Miss Helen L. Jaques	25.00
Walter C. Wright	5.00
Bequest from Miss Katharine Lodge	200.00
Mrs. George H. Lyman	10.00
Mrs. John E. Russell	25.00
Former patient	1.00
Miss Sarah E. Ward	2.00
Joseph Lee	25.00
S. D. Warren	50.00
Friend (P. C. H.)	5.00
Friend, Letter-box	200.00
Miss Mary P. Nichols	25.00
Benjamin W. Nichols	25.00
Friend (M. S.)	50.00
Joel Goldthwait	100.00
Mrs. J. C. Stone	25.00
	$1,480.00
Proceeds of Tremont Theatre benefit	1,658.75
In all	$3,138.75

ANNUAL SUBSCRIBERS

From March 1, 1899, to March 1, 1900.

Miss E. H. Bailey	$5.00
Dr. L. Vernon Briggs	10.00
Mr. C. S. Bird	10.00
Mrs. J. M. Barnard	10.00
Miss O. Y. Bowditch	5.00
Mrs. Arthur Cheney	5.00
Mr. A. A. Carey	50.00
Miss A. M. Curtis	10.00
Miss S. H. Crocker	10.00
Mr. A. Dixwell	10.00
Mrs. J. W. Elliot	10.00
Miss Helen P. Emmons	3.00
Mrs. J. Murray Forbes	25.00
Miss S. H. Hooker	2.00
Miss Velma Briggs	2.00
Mrs. E. D. Marsh	2.00
Miss E. W. Howard	3.00
Mr. Augustus Hemenway	100.00
Miss Helen Jaques	10.00
Miss Amelia H. Jones	10.00
Mrs. H. A. Lamb	25.00
Miss Frances R. Morse	10.00
Mrs. William Osler	5.00
Miss Lucy Parsons	5.00
Mr. Edward C. Perkins	10.00
Miss Mary R. Peabody	2.00
Mrs. E. S. Philbrick	5.00
Mr. Edward Robinson	10.00
Mrs. J. C. Stone	25.00
Carried forward	$389.00

Brought forward	$389.00
Mr. Francis Shaw	10.00
Mrs. K. W. Sears	25.00
Mr. N. H. Stone	25.00
Mrs. George L. Stearns	10.00
Mrs. William Tudor	3.00
Miss Cornelia Warren	10.00
Miss A. S. Winsor	2.00
Miss Yardley	5.00
Mrs. S. H. Winkley	10.00
Mrs. George C. Lee	5.00
Mrs. E. F. Bowditch	5.00
Mrs. Lloyd Briggs	5.00
Mrs. J. S. Bigelow	25.00
Mr. William Bliss	100.00
Mrs. William Brewster	5.00
Miss Charlotte Bowditch	5.00
Mr. J. E. Hudson	50.00
Mr. E. Van R. Thayer	100.00
Mr. Herbert M. Sears	100.00
Mr. A. B. Silsbee	10.00
Mr. F. W. Hunnewell	100.00
"Friend" (S. G. A.)	10.00
Mrs. N. Thayer	100.00
Mr. Charles Merriam	50.00
Miss E. E. Sears	25.00
Mrs. William Appleton	100.00
Mr. Arthur T. Lyman	50.00
Mrs. Robert C. Hooper, Jr.	100.00
Mrs. M. D. Spaulding	100.00
Mrs. R. G. Shaw	5.00
Miss A. R. Anthony	25.00
Mrs. M. C. Wheeler	5.00
Mr. Augustus Lowell	100.00
Miss M. S. Ames	50.00
Mr. S. D. Warren	50.00
Mrs. Henry P. King	100.00
Carried forward	$1,869.00

Brought forward	$1,869.00
Mr. John Hogg	100.00
Miss C. S. Keith	10.00
Mrs. Richard Stone	25.00
Mr. W. A. Tower	50.00
Mr. Charles Head	25.00
Mrs. Hermann F. Duryea	100.00
Miss Eliza C. Cleveland	5.00
Miss Amy White	5.00
Miss A. F. Odin	5.00
Miss T. Cabot	3.00
Mrs. F. B. Greene	10.00
Miss A. L. Mayo	5.00
Mrs. S. T. Morse	10.00
Mrs. W. H. Slocum	5.00
Mrs. S. P. Blake	10.00
Miss A. B. Weld	10.00
Mr. A. Bowditch	20.00
Dr. and Mrs. J. E. Goldthwait	25.00
Mrs. G. H. Shaw	20.00
	$2,312.00

The following names are of those who during the past year up to March 1 have kindly contributed various articles for the use of the Sanitarium: —

Mrs. A. A. Carey.
Mrs. Simon Davis.
Mr. T. S. W. Trott.
Miss Kate Hooper.
Mrs. G. A. Kendall.
Mrs. Lilias Davenport.
Mrs. C. F. Bird.
Miss Kate Hewins.
Mrs. F. B. Comins.
Miss H. B. Landers.
Mrs. J. B. S. Jackson.
Mrs. Henry P. King.
Mrs. Perkins.
Dr. L. J. Loewe.
Messrs. F. W. Bird & Son.

FORM OF BEQUEST.

.....of..... in the County of.....and State of..... give and bequeath unto the Sharon Sanitarium for Pulmonary Diseases in Sharon, in the State of Massachusetts, its successors and assigns, the sum of.....dollars.